

emol 17.02.16
Presentation to the Standing
Committee on Health &
Wellness



Update from the Chief Mental Health & Addictions Office

Presented by Dr. Rhonda Matters, Chief Mental Health & Addictions Officer
Department of Health and Wellness

17 February 2016

Background – what was done

- Guided by Mental Health and Addictions Advisory Council
- Consultations with Islanders, community groups, government departments and services
- Past reports and consultations
- National and International evidence
- Whole of government approach to mental health

Priority Development

- **MH&A Advisory Council**
 - 12 Members: 6 Community : 6 Government
 - Expected to provide expert advice on visioning long-term priority areas for optimal mental health and addictions services and supports for all Islanders
- **Internal MH&A Working Group**
 - 5 Members from across government and Crown agencies
 - Completed system mapping and legislative review

Overview

MENTAL HEALTH AND ADDICTIONS VISION

All people living in Prince Edward Island will have the equal opportunity to achieve and maintain the best possible mental health and well-being throughout their lifetime

STRATEGIC PRIORITY AREAS

Better Access,
Better Care

Work Together
and Put People
First

Intervene Early:
Focus on Youth

Support
Recovery and
Uphold Rights

Mental Health
Promotion

PRINCIPLES UNDERPINNING ALL PRIORITY AREAS

Use resources effectively

Prevention

Acknowledge circumstances, rights, cultures to meet needs

Accountability

Eliminate stigma

Health and Wellness

Better Access, Better Care

Intended outcomes

- Improved client outcomes and best use of resources through evidence-based programs and services delivered to Islanders in the most effective way

Work Together and Put People First

Intended outcomes

- Improved outcomes for Islanders through increased service integration and person- and family-centered care

Intervene Early: Focus on Youth

Intended outcomes

- Increased resilience and improved outcomes for children, youth and their families impacted in some way by mental health and addictions through expanded access and decreased wait time to service

Support Recovery and Uphold Rights

Intended outcomes

- Improved well-being for all Islanders through actions that foster recover, respect diversity, and uphold rights

Mental Health Promotion

Intended outcomes

- Fewer people experience mental health and addiction difficulties in their lifetime through increased illness prevention and health promotion activities

Where to Next

- Advisory Council work is completed
- Priorities areas are now being reviewed by government departments and agencies
- Move to the next stage of action