

Seniors Programs and Services in Prince Edward Island

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Contents

Information, Navigation, and Advocacy.....	1
Health, Medical Care, and Wellness	2
Housing, Home Supports, and Aging in Place	4
Financial Assistance and Tax Benefits.....	5
Food, Nutrition, and Community Living.....	6
Transportation	7
Technology and Digital Literacy	7
Safety, Protection, and Caregiving	7
Community Grants and Senior Leadership.....	8

Information, Navigation, and Advocacy

Seniors Navigators

Assist seniors and their families in accessing supports and services.

- **Phone:** 902-213-5820 (East), 902-303-0450 (West), Toll-Free: 1-866-770-0588
- **Email:** seniors@gov.pe.ca
- **Website:** <https://www.princeedwardisland.ca/en/information/social-development-and-seniors/seniors-navigators>

PEI 211 Navigators

General assistance locating and accessing appropriate programs and services.

- **Phone:** 211
- **Email:** help@pe.211.ca

- **Website:** <https://pe.211.ca>

Health, Medical Care, and Wellness

Patient Navigator

Support to help patients and families navigate the healthcare system.

- **Phone:** (902) 620-3418, Toll-Free: 1-844-882-3141
- **Email:** patientnavigator@gov.pe.ca
- **Website:** <https://www.healthpei.ca/patientnavigator>

Cancer Patient Navigation Program

Navigation, treatment, and support resources for cancer patients.

- **Phone:** 902-894-2552, Toll Free: 1-877-511-5177
- **Email:** cancerpatientnavigator@ihis.org
- **Website:** <https://www.princeedwardisland.ca/en/service/cancer-patient-navigation-program>

Stroke Navigator

Assessment, rehabilitation, and support following stroke.

- **Phone:** 1-844-871-0634 (toll-free)
- **Email:** strokenavigator@ihis.org
- **Website:** <https://www.princeedwardisland.ca/en/information/health-pe/stroke-care-program>

Mental Health and Addictions Phone Line

Urgent mental health support from trained professionals. Available 24/7.

- **Phone:** 1-833-553-6983 (toll-free). Note: If in a medical emergency, call 911.
- **Website:** <https://www.princeedwardisland.ca/en/information/health-pe/mental-health-support-and-services>

Mental Health and Addictions Patient Navigator

Help finding programs and services for mental health and addictions.

- **Phone:** 902-218-3289
- **Email:** MHApatientnavigator@ihis.org

- **Website:** <https://www.princeedwardisland.ca/en/information/health-pei/mental-health-support-and-services>

Home Care

Provides nursing care, physiotherapy, dietitian services, respite care, and other supports.

- **Phone:** Souris: (902) 687-7096, Montague: (902) 838-0786, Charlottetown: (902) 368-4790, Summerside: (902) 888-8440, O’Leary: (902) 859-8730.
- **Email:** To contact Health PEI with general inquiries: healthpei@gov.pe.ca
- **Website:** <https://www.healthpei.ca/homecare>

Caring for Older Adults in the Community and at Home (COACH Program)

In-home support for frail seniors with complex health needs.

- **Phone:** Souris: (902) 687-7096, Montague: (902) 838-0786, Charlottetown: (902) 368-4790, Summerside: (902) 888-8440, O’Leary: (902) 859-8730.
- **Email:** To contact Health PEI with general inquiries: healthpei@gov.pe.ca
- **Website:** <https://www.princeedwardisland.ca/en/information/health-pei/caring-for-older-adults-in-the-community-and-at-home-coach-program>

Geriatric Program

Specialized care and support for frail older adults and their families.

- **Phone:** (902) 432-2860
- **Email:** geriatricinfo@ihis.org
- **Website:** <https://www.princeedwardisland.ca/en/information/health-pei/geriatric-program>

Seniors Hearing Aid Rebate Program

Rebate assistance for hearing aids.

- **Phone:** 1-877-569-0546
- **Email:** screening@gov.pe.ca
- **Website:** <https://www.princeedwardisland.ca/en/information/social-development-and-seniors/seniors-hearing-aid-rebate-program>

Drug Programs

Includes the Seniors Drug Program and Catastrophic Drug Program.

- **Phone:** 902-368-4947 or Toll-Free 1-877-577-3737
- **Email:** To contact the Department of Health and Wellness with general inquiries: DeptHW@gov.pe.ca
- **Website:** <https://www.princeedwardisland.ca/en/information/health-and-wellness/drug-programs>

Pharmacy Plus

Medication management and pharmacy support services.

- **Phone:** To contact the Department of Health and Wellness with general inquiries: 902-368-6414
- **Email:** To contact the Department of Health and Wellness with general inquiries: DeptHW@gov.pe.ca
- **Website:** <https://www.princeedwardisland.ca/en/information/health-and-wellness/pharmacy-plus-pe>

Provincial Dental Care Program

Subsidized dental services for eligible Islanders.

- **Phone:** 902-368-5460 or 1-866-368-5460 (toll-free)
- **Email:** dentalfax@gov.pe.ca
- **Website:** <https://www.princeedwardisland.ca/en/information/health-pe/provincial-dental-care-program>

Housing, Home Supports, and Aging in Place

Seniors Independence Initiative

Provides funding for housekeeping, meal preparation, transportation, snow removal, and other supports that help seniors remain at home.

- **Phone:** 1-877-569-0546 (toll-free)
- **Email:** sii@gov.pe.ca
- **Website:** <https://www.princeedwardisland.ca/en/service/seniors-independence-initiative>

At-Home Caregiver Benefit

Financial support for individuals living at home who require ongoing care.

- **Phone:** 902-367-3893 or Toll Free: 1-800-371-8245

- **Email:** caregiverbenefit@gov.pe.ca
- **Website:** <https://www.princeedwardisland.ca/en/information/health-and-wellness/at-home-caregiver-benefit>

PEI Home Renovation Programs

Includes Seniors Safe @ Home and Seniors Home Repair programs.

- **Phone:** 902-368-4889 or Toll-Free 1-855-374-7366
- **Email:** homereno@gov.pe.ca
- **Website:** <https://www.princeedwardisland.ca/en/service/pei-home-renovation-programs>

Seniors Housing

Housing options and supports for seniors.

- **Phone:** Summerside: 902-888-8436, Charlottetown: 902-368-5770, Montague: 902-838-0796, Souris: 902-687-7098
- **Email:** For general inquiries: housing@gov.pe.ca
- **Website:** <https://www.princeedwardisland.ca/en/service/seniors-housing>

Financial Assistance and Tax Benefits

Property Tax Deferral Program for Seniors

Allows eligible seniors to defer payment of property taxes on their principal residence.

- **Phone:** 902-368-4070
- **Email:** taxandland@gov.pe.ca
- **Website:** <https://www.princeedwardisland.ca/en/information/finance/seniors-property-tax-deferral-program>

Island Essentials Benefit

Tax-free provincial support for everyday expenses such as groceries, utilities, and fuel.

- **Phone:** To contact the Department of Finance and Affordability with general inquiries: (902) 368-4040.
- **Email:** To contact the Department of Finance and Affordability with general inquiries: DeptFinance@gov.pe.ca
- **Website:** <https://www.princeedwardisland.ca/en/information/finance-and-affordability/island-essentials-benefit>

Salvation Army Home Heating Program

Financial support for home heating costs.

- **Phone:** Charlottetown: 902-367-0875, Summerside: 902-436-0649 / 902-436-1508
- **Email:** charlottetowncc.homeheating@salvationarmy.ca
- **Website:** <https://salvationarmy.ca/>

Winter Warming Program

Free home energy-efficiency improvements for eligible households.

- **Phone:** To contact efficiencyPEI with general inquiries: 902-620-3690, Toll-free: 1-877-734-6336
- **Email:** efficiencypei@gov.pe.ca
- **Website:** <https://www.princeedwardisland.ca/en/service/winter-warming-program>

Community Volunteer Income Tax Program

Free assistance with preparing income tax returns.

- **Phone:** To contact the Department of Social Development and Seniors with general inquiries: 902-620-3777, Toll-free: 1-866-594-3777
- **Website:** <https://Canada.ca/taxes-help>

Food, Nutrition, and Community Living

Meals on Wheels

Nutritious meals delivered to seniors and others who face barriers to meal preparation.

- **Phone:** 902-969-2780
- **Email:** info@mowpei.org
- **Website:** <https://mealsonwheelspei.ca>

Seniors Community Meal Grants

Funding to help organizations provide communal meals for seniors.

Contact: Kyle Corney, Program Coordinator.

- **Phone:** (902) 218-4961
- **Email:** kylecorney@ihis.org
- **Website:** <https://www.princeedwardisland.ca/en/service/2026-seniors-community-meal-grant>

Transportation

Subsidized Transit

\$2.00 per one-way trip, or a reduced-cost monthly pass for seniors for \$10.00

- **Email:** islandtransit@gov.pe.ca
- **Website:** <https://transitpei.ca/>

Technology and Digital Literacy

TechNTalk

Technology support program that helps seniors improve digital literacy and stay connected.

Contact: TechNTalk Program Coordinator

- **Phone:** 902-218-2051
- **Email:** seniors@gov.pe.ca
- **Website:** <https://www.princeedwardisland.ca/en/information/social-development-and-seniors/techntalk>

Computers for Success

Provides refurbished computers at no cost to eligible Islanders.

- **Phone:** 902-620-3226
- **Email:** cfs@gov.pe.ca
- **Website:** <https://www.princeedwardisland.ca/en/service/request-a-computer>

Safety, Protection, and Caregiving

Adult Protection

Helps protect vulnerable adults who may be experiencing abuse, neglect, or self-neglect.

- **Phone: Souris:** (902) 687-7096, Montague: (902) 838-0786, Charlottetown: (902) 368-4790, Summerside: (902) 888-8440, O'Leary: (902) 859-8730
- **Email:** To contact Health PEI with general inquiries: healthpei@gov.pe.ca
- **Website:** [https://www.princeedwardisland.ca/en/information/health-pe/adult-protection-program](https://www.princeedwardisland.ca/en/information/health-pe/health-pe/adult-protection-program)

Grandparent Program

Support for grandparents and alternative caregivers providing care to children.

- **Phone:** To contact the Department of Social Development and Seniors with general inquiries: 902-620-3777, Toll-free: 1-866-594-3777.
- **Email:** To contact the Department of Social Development and Seniors with general inquiries: DeptSDS@gov.pe.ca.
- **Website:** <https://www.princeedwardisland.ca/en/information/social-development-and-seniors/grandparent-and-alternative-care-provider-gacp-program>

Community Grants and Senior Leadership

Seniors' Secretariat Grants

Funding for projects that improve seniors' quality of life.

Contact: Melanie Melanson, Seniors Policy Advisor

- **Phone:** (902) 218-2051
- **Email:** mdmelanson@ihis.org
- **Website:** <https://www.princeedwardisland.ca/en/information/social-development-and-seniors/2026-seniors-secretariat-grant>